

Youth DIRECTORY



Faribault and Martin Counties

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INTRODUCTION

This directory is a listing of resources for youth in Faribault and Martin counties. Due to limited space, not all agencies in these counties are listed. A listing is not intended as an endorsement, nor is not being listed intended as disapproval.

This directory was developed by a subcommittee of the South Central Youth Council. Members of the subcommittee include:

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For more information on area resources, contact United Way 2-1-1 at 211 or 1 (800) 543-7709, or on-line at www.211.org. You can also find resources at minnesotahelp.info.

If you have any suggestions, comments, changes, or need additional copies contact the South Central WorkForce Council at (507) 345-2418.

CHILD CARE

Selecting a child care provider is a very important decision. As a parent, it is important to you that your child is in a safe, nurturing environment when you are away. Visit and interview your potential provider and don't be afraid to ask questions. During your interview discuss issues such as discipline, daily schedules, pickup time flexibility, payment arrangements, etc. It is also suggested that you get the names and phone numbers of at least two parents currently using the provider. Call them and ask about their experiences with the provider. Also, your county human service office is a resource in checking out potential child care providers.

For more information on child care contact:

Child Care Resource and Referral	(507) 389-1716
	1 (800) 373-2782
Human Services of Faribault & Martin	
Blue Earth.....	(507) 526-3265
Fairmont	(507) 238-4757

COUNSELING

If you feel good about yourself and others, your mental health is pretty good. Remember, though, that you may not feel good all of the time. No

Counseling (cont.)

one does. Everyone has uncomfortable or angry feelings about things going on in their lives. If you experience these kinds of feelings much or most of the time, you may want to contact a counselor.

When do I need counseling?

If things you are feeling or doing begin to interfere with your normal everyday activities, you may need counseling. The following can be warning signs that someone may need counseling:

- Sudden changes in mood or behavior
- Depression-feeling unhappy for a long time
- Anxiety-strong feelings of fear or nervousness, unexplained rapid breathing or heartbeat, knotted stomach
- Losing temper over small things
- Physical aches and pains that have no real physical cause
- Dropping grades
- Difficulty sleeping for many nights
- Excessive use of drugs, alcohol, cigarettes
- Can only think of the problem and nothing else
- Can't eat or feel sick when you do eat

Many counselors charge fees, but some will adjust their fees to what you and your family can afford to pay. With so many options, finding the right counselor can be difficult, but there are knowledgeable people to guide you. Talk to your school nurse, guidance counselor or social worker.

For more information on counseling contact:

Counseling - Chemical Dependency

Elmore Academy (507) 943-3440
202 E. North Street
Elmore, MN 56027

Fountain Center of Albert Lea (507) 377-6411
408 W. Fountain Street
Albert Lea, MN 56007

Fountain Center of Fairmont (507) 238-4382
828 N. North Avenue
Fairmont, MN 56031

Hazelden Center City (651) 213-4200
15251 Pleasant Valley Road
Center City, MN 55012
1 (800) 257-7810

Human Services of Faribault & Martin Counties (507) 526-3265
412 N. Nicollet
Blue Earth, MN 56013

Human Services of Faribault & Martin Counties (507) 238-4757
115 W. 1st Street
Fairmont, MN 56031

Residential Treatment Center for Adolescents 1 (800) 637-2460
620 1st Avenue SW, P.O. Box 278
Winnebago, MN 56098

Counseling and Mental Health

Blue Meadows Family Resource Center (507) 553-3495
51652 120th St.
Wells, MN 56097

Bonnie-Lyn II Mental Health Clinic..... (507) 235-8807
112 W. 1st Street, Suite 103
Fairmont, MN 56031

Human Services of Faribault & Martin Counties (507) 526-3265
412 N. Nicollet
Blue Earth, MN 56013

Human Services of Faribault & Martin Counties (507) 238-4757
115 W. 1st Street
Fairmont, MN 56031

Naeve Behavioral Health-Mayo Health System (507) 377-6406
414 Park Avenue
Albert Lea, MN 56007

Counseling - Domestic Abuse/Sexual Assault

Committee Against Domestic Abuse – CADA..... 1 (800) 477-0466
100 Stadium Court, P.O. Box 466 Crisis (507) 625-7233
Mankato, MN 56001

Counseling - Financial

Catholic Charities (507) 387-5586

816 Hubbell Avenue

Mankato, MN 56001

Episcopal Community Services (507) 235-9320

102 N. Park Street

Fairmont, MN 56031

Lutheran Social Service..... (507) 625-8021

710 S. 2nd Street

Mankato, MN 56001

University of MN Extension-Faribault County 1 (800) 526-7428

412 N. Nicollet P.O. Box 130

Blue Earth, MN 56013

University of MN Extension-Martin County..... (507) 235-3341

201 Lake Avenue –Room 104

Fairmont, MN 56031

Counseling - Gambling

Lutheran Social Service..... (507) 625-7660

710 S. 2nd Street

Mankato, MN 56001

Minnesota Problem Gambling Hotline..... 1 (800) 333-HOPE

Counseling - Legal

Southern MN Regional Legal Services..... 1 (800) 247-2299
12 Civic Center Plaza, Suite 3000
Mankato, MN 56001

Counseling - Pregnancy/Parenting

Options Pregnancy Center (507) 238-2330
121 N. Main
Fairmont, MN 56031

Catholic Charities (507) 387-5586
816 Hubbell Avenue
Mankato, MN 56001

Early Childhood Family Education –Blue Earth. (507) 526-5552
315 E Sixth Street
Blue Earth, MN 56013

Early Childhood Family Education –Fairmont..... (507) 235-6205
1200 N. Park Street
Fairmont, MN 56031

Episcopal Community Services (507) 235-9320
102 N. Park Street
Fairmont, MN 56031

Counseling - Pregnancy/Parenting (cont.)

**Family Services Collaborative of Faribault & Martin
Counties (507) 238-4757
115 W. 1st Street
Fairmont, MN 56031**

First Steps (507) 304-4311

**Planned Parenthood-Fairmont Clinic (507) 235-6116
717 S. State St., Suite 900
Fairmont, MN 56031**

Counseling - Suicide Prevention

Yellow Ribbon Program -24 hour crisis line 1 (800) 865-0606

Counseling - Support Groups

Check with your local hospital for support groups for specific illnesses.

**Alcoholics Anonymous..... (507) 526-3581
118 W. 7th Street
Blue Earth, MN 56013**

**Alcoholics Anonymous/Alanon/Alateen..... (507) 238-2114
214 Downtown Plaza
Fairmont, MN 56031**

Counseling - Support Groups (cont.)

Alcoholics Anonymous –Sherburn..... (507) 764-5161
Sherburn, MN

Alcoholics Anonymous/Alanon –Wells (507) 553-5871
Wells, MN 56097

Cancer Support Group..... (507) 238-8506
800 Medical Center Drive
Fairmont, MN 56031

Grief Support Group (507) 526-7970
United Hospital-United Hands Hospice
520 S. Galbraith
Blue Earth, MN 56013

Compassionate Friends..... (507) 235-5059
Fairmont, MN 56031 or **(507) 235-5624**

Grief Support Group..... (507) 238-8600
Fairmont Medical Center –Mayo Health Systems
800 Medical Center Drive
Fairmont, MN 56031

EDUCATION

Education is the best investment of time and money that you can make. It is important that you get as much education as you can when you are young. In high school there are tutoring systems to ensure that you get as much from that experience as possible.

When choosing a post-secondary school, do a comparison. If you are looking at a specific field, talk to someone in that career and ask for advice. If you are looking at a type of school, public vs. private, two year or four year college, compare advantages, prices & course offerings. Talk to school counselors. Websites like ISEEK (www.iseek.org) may be helpful.

Most financial aid comes through the school's financial aid office; follow their advice on obtaining aid. There may also be help paying for school through a job or one of the armed forces.

For more information on education contact:

Secondary Schools

Blue Earth Area High School.....	(507) 526-3201
Fairmont High School	(507) 238-4411
Granada Huntley-East Chain	(507) 447-2211
Martin County West High School.....	(507) 764-4661
Martin Luther High School.....	(507) 436-5249

Secondary Schools (cont.)

Southern Plains ALC –Fairmont.....	(507) 235-6151
Truman High School.....	(507) 776-2111
United South Central	(507) 553-5819

Post-Secondary Schools

Bethany Lutheran College.....	(507) 344-7000
Gustavus Adolphus College.....	(507) 933-8000
Iowa Lakes Community College.....	1 (800) 242-5106
Martin Luther College.....	(507) 354-8221
Minnesota State University, Mankato	1 (800) 722-0544
MN West Technical College, Jackson.....	1 (800) 658 2522
Presentation College, Fairmont	(507) 235-4658
Rasmussen College	1 (800) 657-6767
Riverland Community College	1 (800) 247-5039
South Central College - Mankato	(507) 389-7200
- Faribault.....	(507) 332-5800

Community Education

Adult Basic Education/GED –Blue Earth.....	(507) 526-3172
Fairmont Community Education	(507) 235-3141
Lincoln Community Center (GED Testing).....	(507) 345-5222
Martin County West Community Education.....	(507) 728-8284
Wells Community Education	(507) 553-5823

Head Start

- MN Valley Action Council –Faribault County (507) 526-5458**
301 N. Main Street, Blue Earth
- MN Valley Action Council –Martin County (507) 238-1663**
100 N. State Street, Fairmont

Job Corps

- Humphrey Job Corps Center..... (651) 642-9029**
1480 N. Snelling Avenue **1 (800) 733-5627**
St. Paul, MN 55108

EMPLOYMENT

If you are under age 14 and want a job, there are many things you can do to earn money or gain experience that will help you later. You can baby-sit, mow lawns or do odd jobs. You can volunteer at a variety of religious, school, or community programs.

Remember, plan on looking for work at least three months before you need it. For summer jobs apply as early as March, or better yet, obtain a part-time job during the school year. Then you will be the first hired full time in the summer.

Almost all jobs ask for an application or resume. Ask a parent or teacher

Employment (cont.)

to review your application before you turn it in. An interview is also usually required. You should come up with some sample questions and practice an interview before you go. Your local WorkForce Center can provide information on completing applications, resumes, and interviews (see www.mnwfc.org)

For more information on employment contact:

Fairmont WorkForce Center(507) 235-5518
412 S. State St.
Fairmont, MN 56031

Mankato WorkForce Center(507) 389-6723
12 Civic Center Plaza, Suite #1600
Mankato, MN 56001

New Ulm WorkForce Center(507) 354-3138
1618 S. Broadway, Suite #203
New Ulm, MN 56073

MN Valley Action Council - Faribault Co.(507) 526-5291
301 N. Main St.
Blue Earth, MN 56013

See also Employment Contractors-Temporary Help in your local phone book.

FOOD & NUTRITION

Eating nutritious food is essential to proper growth and good health. There are many programs that provide access to food, a healthful diet and nutrition education.

For more information on food and nutrition contact:

Blue Earth Food Shelf (507) 526-2098
214 S. Holland St.
Blue Earth, MN 56013

Human Services of Faribault & Martin

Blue Earth..... (507) 526-3265
Fairmont (507) 238-4757

Salvation Army (507) 238-9797
114 East Blue Earth Avenue
Fairmont, MN 56031

University of MN Extension-Faribault Co..... (507) 526-6240
412 North Nicollet
Blue Earth, MN 56013

University of MN Extension-Martin Co (507) 235-3341
201 Lake Avenue
Fairmont, MN 56031

Food & Nutrition (cont.)

Wells Area Food Shelf..... (507) 553-5343

Good Sheperd Church

291 1st Street SW

Wells, MN 56097

Winnebago Food Shelf..... (507) 893-3197

127 Main Street North

Winnebago, MN 56098

Women, Infants & Children-Faribault County (507) 526-3265

412 North Nicollet

Blue Earth, MN 56013

Women, Infants & Children-Martin County (507) 238-4757

115 West First Street

Fairmont, MN 56031

HEALTH SERVICES

Taking care of your body is very important. If you have any health concerns or have not had a physical examination in some time see your family doctor. If you don't have a family doctor, or wish to see someone else, there are other options. You can get many health care services free

Health Services (cont.)

or at a cost based on your income (called a sliding fee scale).

Before going to any of the places listed below, call and ask: What services are offered? Who can receive services? How are the charges handled? Do I need an appointment? Do I need my parent's permission? Also check with your school nurse.

For more information on health services contact:

Public Health Clinics

Provide a variety of health services including: physicals, immunizations, nutrition for pregnant women and children (WIC), family planning, disease prevention and more.

Faribault County Public Health (507) 526-3265
412 N. Nicollet
Blue Earth, MN 56013

Martin County Public Health..... (507) 238-4757
115 W. 1st Street
Fairmont, MN 56031

Medical Clinics/Hospitals

Blue Earth Family Practice –Mankato Clinic..... (507) 526-7371
520 S. Galbraith
Blue Earth, MN 56013

Medical Clinics/Hospitals (cont.)

Braaten Medical Clinic – Fairmont..... (507) 238-9533

1125 Spruce St.

Fairmont, MN 56031

Center for Specialty Care – Blue Earth..... (507) 526-5191

435 S. Grove St. #3

Blue Earth, MN 56098

Center for Specialty Care – Fairmont (507) 238-4949

717 S. State St. Suite 900

Fairmont, MN 56031

Dulcimer Medical Center..... (507) 238-4968

1950 Center Creek Drive

Fairmont, MN 56031

Fairmont Medical Center..... (507) 238-8555

Mayo Health System

800 Medical Center Drive

Fairmont, MN 56031

Fairmont Medical Center - Walmart (507) 238-8500

1250 Goemann Road

Fairmont, MN 56031

Medical Clinics/Hospitals (cont.)

Immanuel St. Joseph's – Mayo Health System..... 1 (800) 327-3721
1025 Marsh Street (507) 625-4031
Mankato, MN 56001

Mankato Clinic (507) 625-1811
1230 E. Main Street
Mankato, MN 56002

Mayo Health Systems – Kiester (507) 294-3693
120 N. Main St.
Kiester, MN 56051

Mayo Health Systems – Sherburn..... (507) 764-4610
32 N. Main St.
P.O. Box 425
Sherburn, MN 56171

Mayo Clinic – Truman..... (507) 776-2811
401 N. 4th Ave. East
Truman, MN 56088

Mayo Clinic – Wells (507) 553-6341
301 S. Broadway
Wells, MN 56097

Medical Clinics/Hospitals (cont.)

Open Door Health Center..... (507) 388-2120

309 Holly Lane

Mankato, MN 56001

Smart Clinic..... (507) 238-4844

Five Lakes Centre

322 South State Street

Fairmont, MN 56031

Trimont Family Practice Clinic (507) 639-9301

11 Chestnut St. E.

P.O. Box 256

Trimont, MN 56176

United Clinic of Faribault County – Blue Earth..... (507) 526-7388

435 S. Grove St. #1

Blue Earth, MN 56013

United Clinic of Faribault County – Winnebago (507) 893-3399

1 Main St. N.

Winnebago, MN 56098

United Hospital of Blue Earth..... (507) 526-3273

515 S. Moore St.

Blue Earth, MN 56013

HOUSING PROGRAMS

Knowing what you want and can afford before you begin your housing search will make it more successful. When searching for appropriate housing there are a number of issues to consider including:

- Maximum Rent/Mortgage Payment
- Type of Lease
- Space Needs (# of bedrooms, etc.)
- Parking (garage, covered, street)
- Is it a safe neighborhood
- Security Systems
- Cost of Utilities

The following are resources that may be helpful in finding an apartment:

- Classified Ads of your local newspaper
- “Apartments” in the yellow page section of your local phone directory
- Bulletin Boards at local post-secondary schools

For more information on local housing programs contact:

Minnesota Housing Finance Agency (651) 296-7608

Minnesota Valley Action Council –Faribault Co (507) 526-5291

301 N. Main Street

Blue Earth, MN 56013

(must be income eligible)

Housing Programs (cont.)

Minnesota Valley Action Council –Martin Co..... (507) 238-1663

100 N. State Street

Fairmont, MN 56031

(must be income eligible)

Partners for Affordable Housing..... (507) 388-1664

121 Ahlstrom Road #2

Mankato, MN 56001

(transitional housing)

Salvation Army (507) 345-7840

700 S. Riverfront Drive

Mankato, MN 56001

(men's shelter)

Section 8 Rental Assistance..... 1 (800) 767-7139

Minnesota Valley Action Council

464 Raintree Road

Mankato, MN 56001

South Central MN Multi-County HRA..... 1 (800) 733-9564

360 Pierce Avenue, Suite 106

or (507) 345-1977

North Mankato, MN 56003

Housing Programs (cont.)

Theresa House..... (507) 388-1664
121 Ahlstrom Road #2
Mankato, MN 56001
(homeless shelter)

LIBRARIES

Libraries are an important resource. Libraries can provide resources that will help you with your homework or provide reading materials for your fun and leisure. Libraries also provide access to computers and the Internet.

For more information on libraries contact:

Blue Earth Community Library..... (507) 526-5012
124 W. 7th Street
Blue Earth, MN 56013

Ceylon Library (507) 632-4496
108 Main Street
Ceylon, MN 56121

Dunnell Public Library (507) 695-2152
145 W. Wenberg Street
Dunnell, MN 56127

Libraries (cont.)

Elmore Public Library (507) 943-3150
302 E. Willis St.
Elmore, MN 56027

Fairmont/Martin County Library (507) 238-4207
110 N. Park Street
Fairmont, MN 56031

Sherburn Public Library..... (507) 764-7611
27 N. Main Street
Sherburn, MN 56171

Trimont Public Library (507) 639-2571
190 Main Street W.
Trimont, MN 56176

Truman Public Library..... (507) 776-2717
101 E. Ciro Street
Truman, MN 56088

Welcome Public Library (507) 728-8376
304 1st Street
Welcome, MN 56181

Wells Public Library (507) 553-3702
54 1st Street SW
Wells, MN 56097

Libraries (cont.)

Winnebago Library (507) 893-3196
36 N. Main Street
Winnebago, MN 56098

Library Systems

SMILE Library System..... (507) 625-6169
Traverse Des Sioux Library System (507) 625-6169

RECREATION AND LEISURE

Having fun is an important part of your quality of life. Although meeting new people and trying new things can be scary, getting involved in leisure activities has a positive impact on your general well-being.

In addition to community education and park & recreation activities, you may want to explore local church youth groups and/or local cultural activities such as dance, music or theatre groups.

For more information on recreation and leisure contact:

Anytime Fitness..... (507) 235-5055
460 S. State St.
Fairmont, MN 56031

Recreation and Leisure (cont.)

Blue Earth Community Education (507) 526-3172

315 E 6th St.

Blue Earth, MN 56013

Blue Earth Gymnastics Center Inc..... (507) 526-3668

515 W. 1st St.

Blue Earth, MN 56013

Blue Earth Pool..... (507) 526-2715

111 W. 14th St.

Blue Earth, MN 56013

Bowlmor Lanes..... (507) 235-5719

617 S. State Street

Fairmont, MN 56031

Faribault Co. Fairgrounds..... (507) 526-5802

Faribault Co. Fitness Center..... (507) 526-3376

320 Oak Road

Blue Earth, MN 56013

Fairmont Aquatic Park (507) 238-9292

1400 S. Prairie Avenue

Fairmont, MN 56031

Recreation and Leisure (cont.)

Fairmont Children's Theater..... (507) 238-4900
45 Downtown Plaza
Fairmont, MN 56031

Fairmont Community Education (507) 235-3141
714 Victoria Street
Fairmont, MN 56031

Fair Lakes Cinema 5..... (507) 235-5336
1201 N. State St.
Fairmont, MN 56031

Flame Theatre (507) 553-5713
125 S. Broadway
Wells, MN 56097

190 Moto Cross Course (507) 639-3841

Lucky Lanes..... (507) 893-4311
37 First Avenue SE
Winnebago, MN 56098

Martin County Ice Arena (507) 238-1995
Martin County Fairgrounds
Fairmont, MN 56031

Recreation and Leisure (cont.)

Martin County Fitness Center (507) 238-2966
1130 Spruce Street
Fairmont, MN 56031

Martin County West Pool (507) 764-3651
105 E. 5th St.
Sherburn, MN 56171

Martin County Youth for Christ (507) 235-6016
213 Downtown Plaza
Fairmont, MN 56031

Sherburn Theater..... (507) 764-5121
116 N. Main
Sherburn, MN 56171

Truman Pool..... (507) 776-8561
302 N. 2nd Ave. E
Truman, MN 56088

Wells Community Education (507) 553-5823

Additional information can also be found on school district websites and chamber of commerce websites.

TRANSPORTATION

A key issue for youth in a rural area is transportation. Below is a list of area resources that may be beneficial in meeting your transportation needs.

For more information on transportation contact:

Drivers' License Road & Knowledge Test Sites

Department of Public Safety..... (507) 526-5012
124 W. 7th St.
Blue Earth, MN 56013

Department of Public Safety..... (507) 238-3222
282 S. State Street Bay 160
Fairmont, MN 56031

Transportation Services

AmeriCare Mobility Van (507) 625-6741
703 S. 2nd Street
Mankato, MN 56001

1 (800) 963-7233
(Non-emergency medical transportation for individuals with disabilities)

Transportation Services (cont.)

Faribault County Prairie Express..... (507) 526-7433

415 N. Main St.

Blue Earth, MN 56013

Gold Cross Ambulance..... (507) 238-2123

216 E. 4th Street

Fairmont, MN 56031

(Non-Emergency Medical Transportation)

Martin County Express (507) 235-5558

227 S. State Street, Suite 3

Fairmont, MN 56031

National Runaway Switchboard..... 1 (800) RUN-AWAY

(must be youth initiated between the ages 12-20)

Wheel Get There –MVAC..... (507) 345-0446

464 Raintree Road

Mankato, MN 56001

(cars/car loans)

YOUTH ORGANIZATIONS

Being involved in youth organizations is a great way to meet new friends and learn team-building and leadership skills. In addition to the

Youth Organizations (cont.)

organizations listed below most local places of worship have youth groups also.

For more information on youth organizations contact:

4-H Faribault County Extension (507) 526-6240

Faribault County Office Bldg.

412 N. Nicollet

Blue Earth, MN 56013-0130

4-H Martin County Extension (507) 235-3341

104 Courthouse

201 Lake Avenue

Fairmont, MN 56031-1845

Boy Scouts of America (507) 387-3123

810 Madison Avenue

Mankato, MN 56001

Girl Scouts of MN & WI River Valley (507) 625-7474

Satellite Office

Mankato, MN 56001

YOUTH SERVICES

There are many services and resources offered by a variety of agencies in South Central Minnesota that help youth. In addition to the agencies listed below, you may also want to check: www.211.org (or call 1-800-543-7709) for information on services that will meet your specific need.

For more information on youth services contact:

- Faribault County Human Services (507) 526-3265**
412 N. Nicollet
Blue Earth, MN 56013
- Life-Work Planning Center 1 (800) 369-5166**
201 N. Broad Street, Suite 100
Mankato, MN 56001
(507) 345-1577
- LaMano (507) 344-8361**
310 Belle Avenue
Mankato, MN 56001
- Lutheran Social Service 1 (888) 577-2227**
710 S. 2nd Street
Mankato, MN 56001
(507) 625-7660

Youth Services (cont.)

Madelia Area Integration Collaborative (507) 642-3232
320 Buck Avenue SE **x204**

Madelia, MN 56052

(Includes LCWM, Madelia, Maple River, Truman)

Martin County Human Services (507) 238-4757

115 W. 1st Street

Fairmont, MN 56031

MN Valley Action Council..... (507) 526-5291

301 N. Main

1 (800) 767-7139

Blue Earth, MN 56013

(must be income eligible)

MN Valley Action Council..... (507) 235-5518

412 S. State St.

Fairmont, MN 56031

(must be income eligible)

Vocational Rehabilitation Services (507) 235-5518

412 S. State St.

Fairmont, MN 56031

The funding to print the youth directory was made available by the South Central WorkForce Council.



**This Directory
will help you find
information about:**

Child Care
Counseling
Education
Employment
Food & Nutrition
Health Services

Housing Programs
Libraries
Recreation
Transportation
Youth Organizations
Youth Services

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